

# Novena to Our Lady of Mount Carmel



Mary,  
you are always with the brothers  
and sisters of your Son.  
We entrust ourselves to you  
in the midst of all that is  
happening to us.  
Help us to protect and look  
after each other.  
Be with those who mourn  
and those who are sick,  
those who have lost jobs  
and hope.  
Be with us in our fear and  
uncertainty. Don't let worry  
and anxiety overcome us.  
Be our source of hope.  
Lend your strength to all those  
helping others and those who  
are caring for the sick.  
Help us to end this disease.  
Intercede for us with your Son,  
Jesus Christ, our Lord. Amen

On the 9 days before the Feast of Our Lady of Mount Carmel (16 July), we prayed for the needs of our Carmelite Family in Australia and Timor-Leste. This year, in the midst of

COVID-19, we included the people of the world in our novena of prayer. The novena can be prayed at any time of the year for the intentions below or for your own intentions

asking Our Lady of Mount Carmel to intercede and pray with us. The prayers and intentions can be downloaded from our website at [carmelites.org.au](http://carmelites.org.au)

## DAY 1



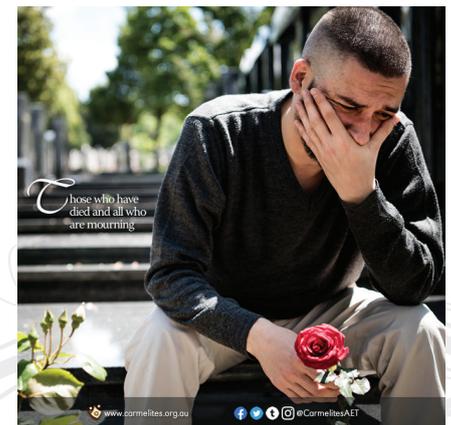
We begin this novena to Our Lady of Mount Carmel today and pray for **peace in our world**, our neighbours, our families and ourselves.

## DAY 2



We pray for **all who are ill**, both in Australia and Timor-Leste and throughout the world. We especially remember all those who are suffering from COVID-19 and all who care for them.

## DAY 3



We pray for **all who have died**, especially those who have died as a result of COVID-19. We remember, too, their families and friends who mourn them. We pray that God will receive the dead into his loving care and heal the broken hearts of those who mourn them.

#### DAY 4



Today we remember **all those who experience hardship and difficulty in their lives**, especially those affected by COVID-19. Many have been hurt physically and emotionally. Others have lost jobs and hope. Some are overcome with worry and anxiety. We ask that they will know that God is still with them in their difficulties and that God will surround them with good friends and support.

#### DAY 5



Today we remember **all healthcare workers and medical researchers** in our prayer. We thank God for the care, compassion and skill of our healthcare workers, especially those working with COVID-19 patients. We also ask that God will guide the work of medical researchers working on new medicines and vaccines to help end this disease.

#### DAY 6



We pray in thanksgiving for **all who help and support others**, especially during the pandemic. May God reward them for being generous friends to those in need and for being God's love in action in the world.

#### DAY 7



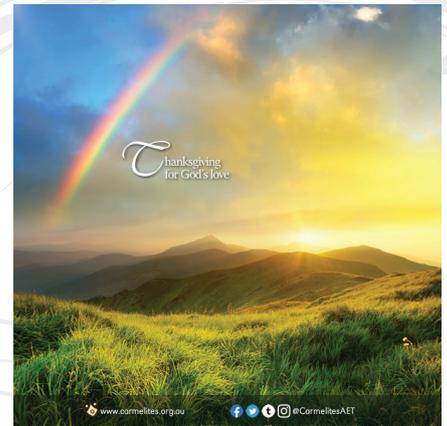
We pray for **all those who feel anxious, are isolated and alone** at this time. The experience of COVID-19 has caused much anxiety among us. Many have also felt isolated and alone because of lockdowns and restrictions. We remember also mental health professionals and good friends who are helping to reduce the feelings of worry and social isolation. They are ministers of God's companionship and concern for all his beloved sons and daughters.

#### DAY 8



Today we remember **all those whose livelihoods have been affected by COVID-19**. So many people have lost jobs, their homes and businesses because of COVID-19. They struggle with little income and often lose hope as well. We pray for them as they struggle to rebuild their lives and we pray for all those working to support them.

#### DAY 9



On this final day of our Novena to Our Lady of Mount Carmel we pray in **thanksgiving for God's love**. We thank God for the ways in which his love sustains us and gives us courage and strength as we face the challenges of the pandemic. We also thank God for his love shown in all those who are helping to support and strengthen others at this time. We ask for an ever-deeper awareness of that love and an ever-greater ability to share it with one another.



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