

Bookings

Book online at:

www.trybooking.com/485686

Cost

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|-------------------------------|----------|
| Attend all Symposium Sessions | \$160.00 |
| Thursday only | \$75.00 |
| Friday only | \$75.00 |
| Thursday and Friday | \$140.00 |
| Individual Sessions | \$30.00 |

Refreshments provided.

Lunch and dinner available at local cafés.

St Peter's Bookroom sells books on Thursday afternoon & evening and Friday morning.



THE CARMELITE
CENTRE MELBOURNE

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is a joint ministry of the Carmelites of Australia & Timor-Leste and the Carmelite Parish of Port Melbourne/Middle Park.

214 Richardson Street

Middle Park Vic 3206

(03) 9690 5430

www.thecarmelitecentremelbourne.org

info@thecarmelitecentremelbourne.org

By tram

No. 12 from Collins Street to stop 135
(Richardson Street)

No. 96 from Bourke Street to stop 129
(MSAC / Wright Street)

By car

Melways Reference: 2K C10

The Carmelite Centre program is designed around three threads which reflect the Carmelite Way:

Stillness & Silence
gives us the reflective space from which we can act.

Express & Explore
allows us to meet others with whom we can think and talk about the Carmelite Way.

Embrace & Act
allows us to bring contemplation into every aspect of our lives.

Ways of Seeing



Three days of Spiritual Workshops

23-25 MAY 2019

THE CARMELITE CENTRE, MIDDLE PARK

Ways of Seeing

These workshops engage the inner journey and how it can be manifested outwardly. It's about how each one of us uses art forms - painting, drawing, journaling, writing, music, movement - as means to spiritual exploration and expression.

The workshops are an invitation to creative involvement and taking time out; about personal growth, experience, and relationship.

The presenters are facilitators who, using their own skills, enable participants to shift their thinking and take on new possibilities. There will be artists in residence too!

The facilitators are hands on helping participants to shift thinking and take on new possibilities.

Participants are encouraged to bring their visual diary or writing book, as well as their own choice of writing and drawing implements.

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Thursday 23 May

Session One 10am – 1pm

Lynne Muir on Calligraphy
'The Expressive Alphabet'

Pam Cox on Journaling
'Marianne Hieb and the Art Journaling Experience'

Session Two 2pm – 5pm

Ian Ferguson on the Body and Spirituality
'Embodied spirituality : Incarnation, Communion, Transcendence'

Will Day on Creativity
'Fostering Creative Expression in One's Life and Spiritual Practice'

Session Three 6pm – 9pm

Clotilde Lopez on Art Experience and Spiritual Practice
'Into the Icon'

Mary McCowan on Contemplation
'Exploring the Possibility of Visual Art as a Daily, Contemplative Practice.'

Artists-in-residence

Michael Murray

Seraphim Icon Group members

Friday 24 May

Session Four 10am – 1pm

Jan Morgan, Trish Graham & Graeme Garrett on Poetry and Mystery
'Fragrant portals, dimly starred : poetry and the song of Creation'

Jina Mulligan on Art Contemplation
'The art of Odilon Redon as an Aid to Contemplation'

Session Five 2pm – 5pm

Rob Gallacher on Icons
'Discovering Contemplative Prayer with Icons'

Michele Harris on Mandala
'Mandala Making : a Spiritual Practice'

Saturday 25 May

Session Six 10am – 1pm

Glenn Loughrey on Art Form
'My own art form and my existence as a Wiradjuri person'

Stuart Devenish on Vision and Perception
'You Shall See Heaven Open: Christian Faith as an Alternate Mode of Seeing'

Susan Frykberg on Sonic Meditation
'Listening and Sound-making: Breath, Chant and Scripture'